

How We Can Bring Peace!

By Swami Dayamrita Chaitanya



Dayamrita came to speak at BNL last year. In his last discussion on compassion Dayamrita asked:

What is the one power that is holding everything together? Both science and spirituality are trying to find that same truth – a scientist researches outside, and a spiritual being searches inside.

Dayamrita, who earned a bachelors degree in Physics and a Masters in Film Technology, is a senior disciple of Amma (see below), and has now been with her for 25 years. In his second visit to BNL, Dayamrita will give a pragmatic talk on how we can bring peace, rooted in Amma's teachings of the "Universal Truths."

Amma is a world-renowned spiritual master known as "the hugging saint." Since 1981, she has given hugs for 15 hours or more a day without a break. Her hugs seem to give people a sense of deep peace and healing. **Amma has won international recognition and awards including the 2002 "United Nations Gandhi-King Award" for Non-Violence, and many more for her humanitarian activities.** Volunteers all over the US are involved with many of Amma's projects such as "Green Friends" which preserves the environment, Mother's kitchen, which serves 72,000 free meals a year, battered women's shelter in Ohio, and others, details on www.amma.org/humanitarian-activities.

**Where: Brookhaven National Lab,
Recreation Bldg, #317**

When: Friday, April 24th 2009, 4:30 to 7:30 PM

4:00 – 5:00 pm, Beverages & Snacks

5:00 – 6:15 pm, Talk, Q&A

6:30 – 7:30 pm, Meditation, Prayers & Chants for Peace

Open to the Public, Free, All are welcome!

RSVP: Limited seating, for info to reserve, contact Ila: ila@bnl.gov, 631-344-2206

NOTE: All Visitors over 16 require a [valid picture driver's license](#)

Sponsored by: *BERA, APAA, & IAA Yoga Club

* BERA: Brookhaven Employee Recreation Association, www.bnl.gov/bera/

APAA: Asian Pacific American Association, www.bnl.gov/bera/activities/apaa/

IAA: Indo-American Association, www.bnl.gov/bera/activities/iaa/